



The 5-Minute TEAM BUILDING PLAN



Building a strong team means having the right team dynamics as well as the right team members. Collective intelligence studies show that highly functioning teams increase the overall combined intelligence and results. We are better together, but only when we work well together.

Teams need:

- Clearly articulated vision
- Understandable mission
- Corporate cultural/Attitude of success
- Adaptability/Willingness to change

Work with the goal in mind. Eliminate chaff.

What causes me to lose focus at work?

and

What builds teamwork in your workplace?

What is working? I feel like I am valued part of the team when _____

What destroys teams?

Some people just seem to be naturally good at being great team players. Why? What makes great team players so valuable to an organization?

1. _____
2. _____

What do great team players do that makes everyone want to work with them?

1. _____
2. _____

What are some characteristics the rest of the team or workplace expects from you?

_____	_____
_____	_____
_____	_____
_____	_____

What specific activities waste my time at work?

What can I do to improve my habits at work to be more positive and more productive?

1. _____
2. _____
3. _____