



5-MINUTE CAREER PLAN

You can keep your career moving in a positive, productive direction by giving just minutes a day of your attention to these insightful questions. Think about your workday and the work associated with your job, then fill in the blanks or complete the sentence.

PASSION

I get excited when I talk about:

1. _____
2. _____
3. _____

ENERGY

Working on:

gives me energy.

FOCUS

My perfect workday involves me completing:

1. _____
2. _____
3. _____

SATISFACTION

The best part of my week happens when:

MOVING FORWARD

I can move my career forward at this job by doing more _____,
interacting with _____
and asking _____
for help.

PAY IT FORWARD

I can help other people with their business or their career if:

