



# 5-MINUTE YEAR-IN-REVIEW PLAN

Assessing the past year helps us plan for the future. Now is a great time to finish old business so we can move forward. As we move into a new year, acknowledge past accomplishments as well as challenges.

In 3 words, describe business in the past year. \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

In 3 words, describe my personal life/health in the past year. \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

In 3 words, describe my personal relationships in the past year. \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

Describe 3 things I worried about last year that I don't need to consider this year.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What was the best decision I made last year?

---

---

---

What helped make me successful?

---

---

---

What was my biggest accomplishment last year?

---

---

---

What 3 people can I thank for helping me last year?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What unfinished business is still left from last year?

---

---

---

What was the low point of last year?

---

---

---

What can I do to avoid that in the future?

---

---

---

Who can I work with/ask for help/mentor this next year?

---

---

---

What is my top goal for the next year?

---

---

---

What three top actions can I take to make that goal a reality?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_