



# 5-MINUTE TEAM BUILDING PLAN

Building a strong team means having the right team dynamics, as well as the right team members. Collective intelligence studies show that highly functioning teams increase overall combined intelligence and improve results. We are truly better together.

## What do great teams need?

1. Clearly articulated vision
2. Understandable mission
3. Corporate culture/attitude of success
4. Adaptability/willingness to change

## Work with the goal in mind.

What builds teamwork in my workplace?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What is working well in my workplace?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What destroys teams?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What can I stop doing that may be harming the team?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Team players

Some people just seem to be naturally good at being team players. Why? What makes great team players so valuable to an organization?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What do great team players do that makes everyone want to work with them?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What can I do to cultivate those qualities in myself?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What are some characteristics the rest of the team or workplace expects from me?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_