



# 5-MINUTE P.I.V.O.T. PLAN

Resilient leaders help people adapt quickly during times of crisis and change.  
They pivot. They take the right action at the right time.

Using P.I.V.O.T. as an acronym, this exercise helps people focus on what is most important, and identifies specific actions to take to move forward.

**P=Purpose.** What is important to you? What drives you? What gives you meaning?

Circle 3 words that describe your purpose - what you most want to do.

<i>prosper</i>	<i>progress</i>	<i>promote</i>	<i>propel</i>	<i>propose</i>
<i>possess</i>	<i>prompt</i>	<i>pacify</i>	<i>prepare</i>	<i>perfect</i>
<i>produce</i>	<i>participate</i>	<i>perceive</i>	<i>persist</i>	<i>persuade</i>
<i>plan</i>	<i>pledge</i>	<i>praise</i>	<i>present</i>	<i>proceed</i>
<i>prevent</i>	<i>promise</i>	<i>provide</i>	<i>publish</i>	

**I=Inspire.**

Circle 3 words that inspire you when you think of your life's work:

<i>ignite</i>	<i>imagine</i>	<i>imbue</i>	<i>immerse</i>	<i>impart</i>
<i>impress</i>	<i>improve</i>	<i>include</i>	<i>incorporate</i>	<i>increase</i>
<i>inform</i>	<i>influence</i>	<i>invest</i>	<i>innovate</i>	<i>instill</i>

Answer the following questions using three of the i-words words you circled above:

EX: This is a great time for me to ignite my promise to spend more time with my friends.  
 EX: This is a great time for me to impart my knowledge to others through more mentorship.  
 EX: This is a great time for me to innovate my business with new products and services.

1. This is a great time for me to i \_\_\_\_\_ my \_\_\_\_\_ to \_\_\_\_\_ by \_\_\_\_\_.
2. This is a great time for me to i \_\_\_\_\_ my \_\_\_\_\_ through \_\_\_\_\_.
3. This is a great time for me to i \_\_\_\_\_ my \_\_\_\_\_ with/for \_\_\_\_\_.

**V=Volatility.** Every major shift comes with a degree of uncertainty. Where are you right now on this spectrum? Where is your team?

Circle the word or area that best describes how you feel about the changing environment:

*vague* --- *vexed* --- *volatile* --- *valuable* --- *victorious*

**O=Opportunities.** What specific opportunities do you see right now? Where is there a need in your community? In your industry? In your business?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**T= Tools/Training/Technology.** What additional tools, training or technology do you need that would make you more successful?

**Tools:**

Get a new \_\_\_\_\_  
 Use an app to \_\_\_\_\_  
 Learn how to use \_\_\_\_\_

**Training/Development:**

Take a course in \_\_\_\_\_  
 Contact \_\_\_\_\_ for advice  
 Read \_\_\_\_\_

**Technology**

Do I need to invent it? \_\_\_\_\_  
 What can be automated? \_\_\_\_\_  
 What can be simplified? \_\_\_\_\_