

International Vacation Packing List

The basics

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|--|--|
| <input type="checkbox"/> Cargo bag/suitcase | <input type="checkbox"/> Credit and telephone cards |
| <input type="checkbox"/> Shoulder bag/daypack | <input type="checkbox"/> ATM card |
| <input type="checkbox"/> Luggage ID tags | <input type="checkbox"/> Health insurance card |
| <input type="checkbox"/> Personal/student ID and drivers license | <input type="checkbox"/> Emergency contact information |
| <input type="checkbox"/> Wallet and cash | <input type="checkbox"/> Phrase books and guide books |
| <input type="checkbox"/> Passport and visa | <input type="checkbox"/> Maps |
| <input type="checkbox"/> Money belt and passport carrier | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Tickets and copy of passport | <input type="checkbox"/> _____ |

Personal

- | | |
|--|---|
| <input type="checkbox"/> Medicines and prescriptions | <input type="checkbox"/> Hair gel/mousse/spray |
| <input type="checkbox"/> Vitamins | <input type="checkbox"/> Saline Solution |
| <input type="checkbox"/> Shampoo and conditioner | <input type="checkbox"/> Extra glasses/contacts |
| <input type="checkbox"/> Comb and brush | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Toothbrush, toothpaste, and floss | <input type="checkbox"/> Feminine products |
| <input type="checkbox"/> Lip balm and sun screen | <input type="checkbox"/> Make-up and makeup remover |
| <input type="checkbox"/> Pre-moistened wipes | <input type="checkbox"/> Razor |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Earplugs | <input type="checkbox"/> _____ |

Clothing

- | | |
|---|--|
| <input type="checkbox"/> Rain gear or seasonal coat | <input type="checkbox"/> Microfleece top |
| <input type="checkbox"/> Comfortable walking shoes | <input type="checkbox"/> Hat - baseball hat/wool hat |
| <input type="checkbox"/> Sandals | <input type="checkbox"/> Gloves |
| <input type="checkbox"/> Rubber flip flops | <input type="checkbox"/> Belt/Scarf |
| <input type="checkbox"/> Sweater | <input type="checkbox"/> Long underwear |
| <input type="checkbox"/> Shirts/blouses | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Pajamas or nightgown |
| <input type="checkbox"/> Jeans | <input type="checkbox"/> Sarong (doubles as a skirt) |
| <input type="checkbox"/> Travel pants (I like lightweight, easy to wash kind) | <input type="checkbox"/> Jewelry |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Underwear and socks | <input type="checkbox"/> _____ |

Children and infants

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> Diapers and diaper wipes | <input type="checkbox"/> Night light |
| <input type="checkbox"/> New toys and books | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Formula and snacks | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Bottles, brushes, and accessories | <input type="checkbox"/> _____ |

Additional travel gear

- | | |
|--|---|
| <input type="checkbox"/> Laptop and charger | <input type="checkbox"/> Camera and charger |
| <input type="checkbox"/> Cell phone and charger | <input type="checkbox"/> _____ |
| <input type="checkbox"/> iPod, iPad, Kindle, GPS, and chargers | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Travel books | <input type="checkbox"/> _____ |

International Considerations

- | | |
|---|--|
| <input type="checkbox"/> Swiss army knife/Leatherman's Tool | <input type="checkbox"/> Throat lozenges |
| <input type="checkbox"/> Money belt (leg, arm or waist options) | <input type="checkbox"/> Tea bags and Emergen C |
| <input type="checkbox"/> Sunscreen wipes | <input type="checkbox"/> Emery boards |
| <input type="checkbox"/> Lip balm | <input type="checkbox"/> Nail clippers |
| <input type="checkbox"/> Tweezers | <input type="checkbox"/> Hard candy for long trip |
| <input type="checkbox"/> Cold and flu tablets | <input type="checkbox"/> Gum for long trip |
| <input type="checkbox"/> Pepto Bismol tablets | <input type="checkbox"/> Gifts if you are visiting friends |
| <input type="checkbox"/> Band-aids | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Anti-fungal cream | <input type="checkbox"/> _____ |

Other useful items

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|--|---|
| <input type="checkbox"/> Dried fruit and healthy snacks | <input type="checkbox"/> Alarm clock |
| <input type="checkbox"/> Books and magazines | <input type="checkbox"/> Small flashlight |
| <input type="checkbox"/> Playing cards | <input type="checkbox"/> Watch |
| <input type="checkbox"/> Notebook and pen | <input type="checkbox"/> Video camera and cameras with chargers |
| <input type="checkbox"/> Stationery, envelopes, and stamps | <input type="checkbox"/> Travel iron or steamer |
| <input type="checkbox"/> Business cards | <input type="checkbox"/> Sewing kit with safety pins |
| <input type="checkbox"/> Inflatable pillow | <input type="checkbox"/> Plastic bags for wet clothes (large ziplocs) |
| <input type="checkbox"/> Nylon cord/clothes line | <input type="checkbox"/> Nylon duffel (folded) |
| <input type="checkbox"/> Laundry soap | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Flat rubber drain plug | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Voltage adapter and plug adapters | |

Note: Pack lightly and plan to do laundry.

Note

Blank area for notes.