Mary's Business Travel I	List
The basics Cargo bag/suitcase Shoulder bag/daypack Luggage ID tags Personal/student ID and driver's license Wallet and cash Tickets Credit cards	 □ Health insurance card □ Emergency contact information □ Address book □ GPS □ □ □
Personal Medicines and prescriptions Vitamins Shampoo Comb and brush Toothbrush, toothpaste, and floss Lip balm and sun screen Small towel and washcloth Deodorant Earplugs Hair spray/mousse	□ Saline solution □ Extra glasses/contacts □ Sunglasses □ Make-up and make-up remover □ Razor □ Moisturizer □ Asprin, Motrin, Allergy Medication □ □ □
Clothing Rain gear or seasonal coat Comfortable walking shoes Dress shoes Athletic shoes Sweater Shirts/blouses T-shirts Jeans Slacks Shorts Socks Gloves/mittens Belt Swimsuit	□ Pajamas or nightgown □ Bathrobe and slippers □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □
Marketing materials ☐ Postcards ☐ Note cards and envelopes ☐ Flyers - one sheets ☐ Business cards	Books Handouts ———————————————————————————————————
Additional travel gear Camera and charger Laptop computer and charger IPOD and charger Cell phone and charger	Remote slide changer Tape recorder and batteries

□ Jewelry □ Collared shirt □ Shoes -pumps □ Sweater top □ Travel shoes □ Spare shirts □ Gray suit □ Other jacket □ Black suit □ Sweater set □ Black skirt/pants □ □ White shirt □ White shirt □ Mints □ Purse to fit into carry-on □ Mints □ Kindle/iPad □ Carry on makeup □ Notebooks/legal pads □ Watch and alarm clock □ Pens □ Plastic bags (like ziplocs) □ Stationery, envelopes, and stamps □ □ □ □ Business flyers □ □ □ □ Hand cream □ □ □ □ GPS □ □ □	
□ Purse to fit into carry-on □ Mints □ Kindle/iPad □ Carry on makeup □ Notebooks/legal pads □ Watch and alarm clock □ Pens □ Plastic bags (like ziplocs) □ Stationery, envelopes, and stamps □ Plastic bags (like ziplocs) □ Business flyers □ Plastic bags (like ziplocs) □ Hand cream □ Carry on makeup □ Plastic bags (like ziplocs)	
□ Kindle/iPad □ Carry on makeup □ Notebooks/legal pads □ Watch and alarm clock □ Pens □ Plastic bags (like ziplocs) □ Stationery, envelopes, and stamps □ Plastic bags (like ziplocs) □ Business flyers □ Plastic bags (like ziplocs) □ GPS □ Carry on makeup □ Value □ Plastic bags (like ziplocs)	
□ Folder with destination information □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	
Note	